



Don't forget to eat your vegetables.

Red Oak Community School Elementary Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

May 2018

MONDAY



TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOM: Mushroom

- Roast Turkey & Gravy
- Homemade Salisbury Steak Mushroom Gravy
- Chef Salad
- Cinnamon Sweet-Apples
- Mashed Potatoes

- BBQ Chicken on Ciabatta
- Hot Ham & Cheese Flatbread
- Turkey Munchable
- Calico Bean Bake

- French Bread Pizza
- Tuna Panini
- Ham Deli Sub Sandwich
- Roasted Cauliflower
- Chocolate Chip Cookie

Lunch Lady Hero Day

- Soft Beef Tacos
- Lettuce, Tomato, Cheese
- Chicken Patty on Whole Grain Bun
- Chicken Taco Salad
- Green Beans

National Hamburger Day

- All American Burger Basket
- Golden Corn Dog Basket
- WG Chips, Salsa & Cheese Cubes
- Kettle Potato Chips
- Pickle Slice

- Turkey Nachos Supreme
- Chicken and Cheese Quesadilla
- Ham Deli Sub Sandwich
- Firenze Corn Salad
- Refried Beans

- Hot Ham & Cheese Bagel
- Chicken Alfredo w/Pasta
- Turkey BLT Salad
- Caesar Salad

- Crispy Chicken Nuggets
- Whole Grain Dinner Roll
- Philly Flatbread
- Beef Taco Salad
- Creamy Potato Salad

HOM: Cherry

- Pepperoni Personal Pizza
- Macaroni & Cheese
- Yogurt Pak with Bagel
- Cucumber Ranch Salad
- Cherry Brownie

- French Toast Sticks
- Sausage Patty
- Ham, Egg & Cheese on an English Muffin

- Turkey BLT Wrap
- Breakfast Potatoes

- Popcorn Chicken
- Whole Grain Dinner Roll
- Meatballs and Gravy

- Egg & Chicken Salad Slider Combo
- Mashed Potatoes
- Chocolate Chip Cookie

- Pulled Pork on Ciabatta
- Southern Chicken Biscuit
- Pretzel Bites w/Cheese Cubes
- Baked Beans
- Coleslaw

- Beefy Nachos with Cheese
- Cheese Calzone
- Turkey Deli Sandwich
- Roasted Corn

- National BBQ Day
- Cheese Bread
- BBQ Rib Sandwich
- Southwest Chicken Salad
- Garden Salad

Back Yard Games Week

- Sweet & Sour Chicken
- Chicken Fried Rice
- Bread Stick
- Chicken Caesar Wrap
- Brown Rice
- Green Peas

- HOM: Rosemary
- Roasted Hot Dog on a Bun
- BBQ Chicken Sandwich
- Chef Salad
- Potato Wedges

- National Salsa Day
- Soft Beef Tacos
- Lettuce, Tomato, Cheese
- Southwestern Burger
- Turkey Munchable
- Spicy Pinto Beans

- Toasted Cheese Sandwich
- Chicken Bacon Ranch Melt on Ciabatta
- Ham Deli Sub Sandwich
- Peas & Carrots
- Sugar Cookie

- Pepperoni Pizza
- Italian Meatball Sub
- Crispy Chicken Salad
- Roasted Broccoli

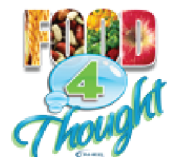
MEMORIAL DAY

NO SCHOOL

- Ham, Egg & Cheese on an English Muffin
- Easy Egg Bake
- English Muffin
- Ham Deli Sub Sandwich
- Garden Salad

- Crispy Chicken Nuggets
- French Bread
- Hot Turkey Sandwich
- Chef Salad
- Seasoned Ranch Wedges
- Rice Krispie Treat

- Walking Taco
- Lettuce, Tomato, Cheese
- Sloppy Joe on a Bun
- Beef Taco Salad
- Black Beans



Prices

Regular PK-3	\$2.55
Regular 4-12	\$2.70
Reduced	\$0.40
Adult	\$3.70
Milk	\$0.45

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.
 Entree Salads are served with Dinner Roll
 For questions or comments, contact Mindy Riibe at 712-621-0042 or email riiem@roschools.org

